



Located 1 1/2 hours from Vancouver and 3 hours from Seattle
Exit 135 off of the Trans-Canada Highway (Hwy #1)

Open Daily

Please contact us to book your treatment

866.247.0426 (toll free)

604.796.2244 ext. 247

spadept@dncinc.com

Healing Springs Spa is located at:



Harrison Hot Springs
RESORT & SPA

www.HarrisonResort.com

British Columbia, Canada V0M 1K0

Healing Springs Spa is a proud member of the industry-regulating bodies Spa Canada and the International Spa Association (ISPA)



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pure escape



healing
springs
SPA

facials



Spa Prestige Ogenage Global Treatment (Anti-aging)

105 minutes~\$175

This high-end treatment is rich and nourishing. Protected against the exterior aggressors that cause premature aging, the skin is visibly younger, firmer and renewed.

Purifying Skin Care Treatment (Oily/Problem Skin)

85 minutes~\$125

This unique marine treatment using a self-heating Marine Mud Mask regulates sebum production, oxygenates, reduces shine and restores balance to congested and problematic skin.

Purifying Back Treatment

55 minutes~\$115

A deep cleansing treatment for those hard-to-reach areas that need attention. This treatment will regulate sebum production and restore balance to problematic skin.

Healing Springs Spa Facial

75 minutes~\$115

Our Esthetician will analyze your skin's needs and customize a facial treatment unique to you. Includes our self heating mud treatment for your back.

Men's Facial

75 minutes~\$115

This is a tailor-made treatment dedicated to the specific needs of a man's skin. The face is deeply cleansed and oxygenated, leaving the skin fresh, comfortable and radiant.

Express Skin Care Treatment

55 minutes~\$90

This is the perfect facial for the busy guest. The facial does not include the Reflexothermal Method but will address each individual's skin care needs.

Healing Springs Organic Facial

55 minutes~\$115

This scrumptious scented treatment has been formulated especially for your skin with the purest organic ingredients. Not recommended for guests with nut or fruit allergies.

Eye Lift and Lip Upgrade

\$30

Our ultimate remedy for the most delicate of areas. Fine lines, puffiness, shadows and signs of fatigue are visibly reduced, soothed and toned.

Add to a facial treatment (except the organic facial).

massages

Relaxation Massage

25 min.~\$70 | 55 min.~\$115 | 85 min.~\$160

This traditional European massage calms the nervous system, reduces stress and improves circulation, leaving you feeling peaceful yet revitalized.

Deep Tissue Massage

25 min.~\$75 | 55 min.~\$125 | 85 min.~\$175

This massage targets tense and painful muscles, tendons and ligaments through the application of a firm technique.

Stone Massage

75 minutes~\$165

An application of deep, penetrating heat using smooth, heated basalt river stones with massage strokes. This massage produces a unique balance of energy and a feeling of well-being.

Thai Stem Massage

75 minutes~\$165

This therapeutic massage helps release toxins, increase circulation, relax muscles and work out painful knots. Stretching of the neck/back/arms/legs combined with a gentle massage with the warm soothing heat from the Stems provides you with a sense of well being.

Couples Massage

55 minutes

This is a massage performed in our executive spa suite. All couples should experience this side-by-side treatment as two practitioners perform your choice of Relaxation Massage/Deep Tissue Massage/Shiatsu/Reflexology (Lymphatic Therapy). Treatments will be charged at individual prices.

Shiatsu

55 min.~\$115 | 85 min.~\$160

An acupressure massage technique that strengthens the immune system. Shiatsu therapy stimulates and unlocks the pathways (meridians) through which energy flows.

Reflexology

55 minutes~\$115

This is a non-invasive method of working the pressure points on feet and/or hands that reflect all points of the body. Excellent to release stress and restore harmony.

Reiki

75 minutes~\$115

A safe, gentle, non-invasive form of hands-on healing that increases energy, reduces pain, produces deep relaxation and a general feeling of well-being.

Lymphatic Therapy

55 minutes~\$115

A therapeutic, relaxing and cleansing treatment for mind and body. It works on the nervous system as well as on circulation.

Add aromatherapy essential oil to the above treatments for \$10.

body care

Moor Mud Treatment

55 minutes~\$135

Experience the magic from the earth with a full-body mask rich in vitamins, minerals, and enzymes. This treatment will leave your skin silky smooth and rejuvenated.

Detoxifying Treatment

85 minutes~\$150

This intensive purifying treatment utilizes an algae high in minerals and trace elements to deeply stimulate digestion and to enhance the elimination of fluids and toxins.

Re-mineralizing Treatment

85 minutes~\$150

Infused with 104 trace elements and minerals from the sea as well as essential oils such as ylang ylang, sage, sandalwood, basil and lavender, this wrap revitalizes and re-mineralizes, heightening your sense of well-being.

Contouring Treatment

85 minutes~\$150

This iodine-rich algae treatment promotes elimination, perspiration and fat metabolism. It is most effective coupled with a healthy lifestyle, diet and exercise regime.

Localized Cellulite Treatment

85 minutes~\$150

Utilizing the contrast between heat and cold, this powerful wrap stimulates fat metabolism, drains toxins via the lymphatic system, and restructures damaged fibers to restore a smooth appearance from the waist to above the knees.

Leg Comfort Treatment

45 minutes~\$75

This is an ideal treatment to relieve swollen, tired and heavy legs. Cutaneous blood circulation is activated and excess water is eliminated. Your legs will feel refreshed and stimulated.

spa packages

Grand Indulgence at Healing Springs Spa

Allow 5 hours~\$405

Immerse yourself in the soothing waters of our Healing Springs Pool followed by a velvety body glow; your choice of a 25-minute Relaxation, Shiatsu or Reflexology Treatment; Healing Springs Spa Facial; a Spa Manicure; a Spa Pedicure and a nourishing spa lunch. Revel in five hours of luxurious treatments. *A total value of \$465.*

Half Day at Healing Springs Spa

Allow 4 hours~\$295

Indulge yourself with a 55-minute Relaxation, Shiatsu or Reflexology Treatment; Express Skin Care Treatment; a Spa Manicure; a Spa Pedicure and a nourishing spa lunch. *A total value of \$345.*

Blissful Retreat

Allow 3 hours~\$295

This treatment starts with a revitalizing soak in the natural mineral hot springs waters of Healing Springs Pool; followed by a beneficial Moor Mud Treatment; your choice of a 55-minute Relaxation, Shiatsu or Reflexology Treatment; and a nourishing spa lunch. *A total value of \$340.*

Time for Two Celebration

Allow 2 hours~\$440/couple

Indulge yourselves in a romantic soak in our private Signature Room, followed by an energizing Moor Mud Treatment, a 25-minute Relaxation Massage/Reflexology/Shiatsu and our delicious chocolate-coated fruit. *A total value of \$500.*

Velvet Touch

Allow 1 hour~\$140

Relax with our gentle sea salt exfoliation. Your skin will be invigorated, velvety smooth and oxygenated. Finish with a 25-minute Relaxation Massage/Reflexology/Shiatsu and an application of ultra-hydrating body lotion. *A total value of \$155.*



pure bliss

additional treatments



Mineral Hot Springs Bath

20 minutes~\$65/couple

\$55/individual

Experience a soothing soak in our private signature treatment suite. You will leave with a wonderful sense of well-being, rejuvenated and stress free.

Hand & Foot Treatments

| | |
|---|-----------------|
| Spa Manicure..... | 45 minutes~\$47 |
| French Manicure | 45 minutes~\$52 |
| Spa Pedicure..... | 55 minutes~\$64 |
| French Pedicure | 55 minutes~\$74 |
| Paraffin | |
| Polish Change | 30 minutes~\$30 |
| Add paraffin treatment to your spa manicure or to your spa pedicure | |
| with manicure | \$10 |
| with pedicure | \$15 |
| Ion Cleanse Detox Foot Soak | 30 minutes~\$50 |

Waxing

| | |
|----------------------------|-------|
| Brow/Lip/Chin | \$15 |
| Underarm..... | \$28 |
| Half Arm..... | \$23 |
| Full Arm | \$35 |
| Lower Leg | \$40 |
| Upper Leg | \$50 |
| Full Leg | \$75 |
| Bikini | \$40 |
| Full leg with bikini | \$105 |
| Chest..... | \$55 |
| Shoulders..... | \$50 |
| Back | \$40 |

Final Touches

| | |
|-----------------------|------|
| Eyebrow Shaping | \$20 |
| Brow Tint | \$20 |
| Lash Tint | \$25 |

Makeup Applications

| | |
|-------------------------------|------|
| Daytime Application | \$40 |
| Evening Application..... | \$50 |
| Pre-Wedding Application | \$55 |
| Wedding Day Application | \$65 |

spa etiquette

How to Prepare for your Spa Experience

- When making a spa appointment, please inform us of any preference or special requests.
- Due to the high demand for spa services, many guests of Harrison Hot Springs Resort & Spa await appointments through cancellations. As a result, please provide the spa with a minimum of 24 hours notice of any changes to avoid being charged for the services booked.
- Please arrive a minimum of 10 minutes prior to your scheduled treatment time. This will allow you enough time to fill out your profile and avoid any reduction in the length of your treatment.
- Please arrive at the spa wearing comfortable, light clothing or a bathrobe. Wear a bathing suit, or simply leave on your undergarments. Our professional practitioners provide draping to ensure your privacy.
- Please note that it is advisable to avoid the consumption of alcohol or large meals prior to any treatment.
- Please keep your jewelry or other valuables in your room or safety deposit box, as lockers are not provided.
- If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during your first three months of pregnancy. Please contact spa reception for advice.
- The spa provides a relaxing, quiet, tranquil atmosphere. We ask that you respect other guests' treatments by speaking softly. In the privacy of your own treatment room, feel free to ask any questions that you may have, and they will be thoroughly answered.
- Our practitioners are professionally trained. They will continue to adjust your comfort levels as needed. Please do not hesitate to bring any concerns to your practitioner's attention so that your spa experience will be a pleasurable one.

Prices may change without notice. Taxes are additional. Gratuities are at your discretion. Spa guests under the age of 16 require written parental consent and must be accompanied by a parent for side by side treatments.

